

# The Senses Spa

ZANZIBAR



# Philosophy

The Senses Spa is a tranquil retreat where holistic wellness and the natural beauty of Zanzibar blend. Our treatments offer a rejuvenating journey of simplicity, sustainability, and renewal.

## THE SENSES ESSENTIAL COLLECTION

*Timeless treatments designed to relax, rejuvenate, and reconnect you with nature.*

### Senses Massage

60 min | 125 | 90 min | 185

*Choose from Relaxing, Deep Tissue, Warm Oil, or Acupressure techniques to rebalance your body and mind.*

### Four Hands Massage

60 min | 200 | 90 min | 270

*A harmonious dance of two therapists, working in parallel for deep relaxation.*

### Hot Stone Therapy

60 min | 170 | 90 min | 230

*Warm basalt stones release tension and restore energy flow.*

### Prenatal Massage

60 min | 125 | 90 min | 185

*A gentle massage to relax and soothe the body, designed for mothers-to-be.*

### Localized Treatments

30 min | 75

*Focused relief for Head & Shoulder, Foot, or Back massages.*

## THE SENSES SIGNATURE COLLECTION

*Unique rituals crafted for ultimate indulgence.*

### Revitalizing Body Ritual

90 min | 195

*A refreshing body brushing to exfoliate and stimulate, followed by a soothing massage with aromatic oils, leaving your skin smooth and refreshed*

### Luminous Indulgence

2.5 hrs | 315

*A personalized escape featuring an aromatic body scrub, bespoke massage, mini facial, and soothing head massage. Finish with a tranquil Jacuzzi soak, sparkling wine, fruit platter, and a special gift for a truly revitalizing experience.*

### Private Signature Ceremony for Two

2.5 hrs | 500

*An indulgent journey for two, featuring an aromatic scrub, bespoke massage, mini facial, and head and foot massages. Enjoy a relaxing Jacuzzi soak, sparkling wine, fruit platter and a special gift.*

### Romantic Retreat for Two

2 hrs | 420

*A retreat for two, with an aromatic scrub, bespoke massage, soothing scalp and foot treatments. Conclude with a serene Jacuzzi soak and sparkling wine.*

## MWANI ZANZIBAR COLLECTION

*Inspired by Zanzibar's natural beauty, using sustainably sourced seaweed and local botanicals for rejuvenation and restoration.*

### Mwani Glow Renewal Facial

60 min | 150

*A luxurious facial with Macroalgae Extract™ and a Kobido-inspired massage, enhancing circulation for radiant skin.*

### Seaweed, Salt & Coconut Scrub

30 min | 75

*A gentle exfoliation for smooth, glowing skin.*

### Mwani Bliss Massage

60 min | 135 | 90 min | 195

*A deeply hydrating full-body massage with lemongrass-infused body butter.*

### Mwani Ocean Essence Ritual

2.5 hrs | 315

*A complete indulgence combining the Seaweed, Salt & Coconut Scrub, Mwani Bliss Massage, and Mwani Glow Renewal Facial for total rejuvenation.*

## HEALING EARTH COLLECTION

*Premium African skincare designed to restore balance and rejuvenate using sustainably sourced natural ingredients.*

### Healing Earth Facial Therapy

60 min | 150

*A luxurious facial with Healing Earth's botanical actives to hydrate, revitalize, and enhance radiance.*

### Healing Earth High Performance Facial

90 min | 195

*An advanced anti-aging facial with tri-enzyme peptide technology to firm and rejuvenate the skin.*

### Healing Earth Aroma Ritual

90 min | 195

*A luxurious aromatherapy massage and body polish, expertly crafted to restore balance and leave skin soft and radiant.*

## AFRICAN INDULGENCE COLLECTION

*Celebrate Zanzibar's essence with treatments inspired by its natural treasures.*

### Spice Massage

60 min | 125 | 90 min | 185

*Aromatic full-body massage with Zanzibar's signature spices—cinnamon, clove, and cardamom.*

### Coffee & Coconut Polish

30 min | 75

*Exfoliate with fresh coffee and organic coconut oil for smooth, glowing skin.*

### After Sun Ritual

60 min | 140

*Aloe vera wrap and scalp massage, finished with nourishing African Potato balm.*

## INNER BALANCE COLLECTION

*Holistic therapies designed to restore balance, release tension, and nurture emotional and physical well-being. These treatments are subject to availability.*

### Craniosacral Biodynamics

60-80 min | 170

*A profound and deeply restorative therapy that gently harmonizes the body's natural rhythms. Through light, intuitive touch, it calms the nervous system, promotes self-healing, and releases deeply held tension, leaving you feeling grounded, renewed, and at peace.*

### Reiki & Somatic Bodywork

90 min | 170

*A transformative experience combining somatic therapy and energy healing. This personalized treatment harmonizes the body-mind connection, releases energy blocks, and promotes emotional balance. Feel deeply relaxed, centered, and aligned with your true self.*

Prices are in USD.

## BEAUTY & GROOMING

*Refine your look with expert care.*

### Manicures & Pedicures

Manicure | 70

Pedicure | 75

Add-On: gel polish | 15, classic polish 5, gel polish removal 15

### Waxing

Underarms | 30

Full legs | 65

Half Legs | 45

Bikini | 50 - 80

### Haircare services

Blow-Dry | 55 - 75

Haircuts | 55 - 95

Extensions | 150 - 250

Hair Colouring \* consultation required

Luxurious Hair Treatments | 50 - 100

(Sun Protection | Anti-Breakage | Coloured Hair Care | Frizzy Hair | Ultra-Moisturising)

## WELLNESS AMENITIES

Outdoor gym, hammam, infrared sauna, and hot tub are complimentary for our in-house guests and are set on request with 2 hours' notice.

A Spa Pass may be purchased for non-resident guests.

## INFORMATION & ETIQUETTE

### Hours of Operation

Spa: 8 a. m. – 8 p. m.

### Special Considerations

Please inform your therapist of any medical conditions or pregnancy (second/third trimester only). Alcohol is not advised before or after treatments.

### In-Villa Treatments

Available upon request.

### Children Policy

Guests under 18 need parental consent. Guests under 16 must share a treatment room with a parent.

### Wellness Amenities

Outdoor gym, hammam, infrared sauna, and hot tub are complimentary and are set on request with 2 hours' notice.

### Reservations & Cancellations

Book in advance. Cancellations/reschedules require 3 hours' notice to avoid charges. Late arrivals may reduce treatment time.

### Contact

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